

# Alzheimer's Support Group

## What is Alzheimer's Disease?

Alzheimer's is the most common form of Dementia, a general term for memory loss and other intellectual abilities that interfere with daily life. Symptoms of the disease develop slowly and become worse over time, usually becoming severe enough to interfere with daily tasks. Alzheimer's accounts for 50%-80% of Dementia related cases.

## What does our Support Group Offer?

- A caring and understanding environment for people who have been touched by Alzheimer's and other related disorders.
  - An opportunity to learn about helpful resources.
  - An opportunity to hear about research and advocacy advances.
    - A time of sharing and listening.

## When do we meet?

Meetings are usually held on the 4<sup>th</sup> Tuesday of each month at 6:30pm in the Conference Room of Heather Court, located at 281 Ironstone Drive.

For more information contact:

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