



JANUARY 2019
AVON

NOTTINGHAM VILLAGE HEATHER COURT ACTIVITIES

... people caring for people!

ACTIVITY LOCATIONS	MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5	SATURDAY 6
CA Common Area	7:30 Life Skills	7:30 Life Skills	7:30 Life Skills	7:30 Life Skills	7:30 Life Skills	7:30 Life Skills
CT- Courtyard	9:30 Sunshine Club	9:30 Sunshine Club	9:30 Sunshine Club	9:30 Sunshine Club	9:30 Baking Club	9:30 Sunshine Club SR
L Lobby	10:00 Exercise (Movin'/Groovin)	10:00 Catholic Communion	10:15 Sing-A-Long	10:00 Sweatin' Seniors	10:00 Exercise (Drum Circle)	10:00 Exercise (Active Games)
NC- Nursing Center	10:30 Snack/Hydration	10:30 Snack/Hydration		10:30 Snack/Hydration	10:30 Snack/Hydration	10:30 Snack/Hydration
Activities will all take place in the Common Area unless other wise stated	10:45 Sing-a-Long	10:30 Story Time	10:30 Snack/Hydration	10:45 Music Songs from the Past	10:45 Dreamy Melodies	10:45 Sing-a-Long
	1:00 Manicures	1:00 Variety of Trivia	1:00 Hand Care	1:00 Rhyming Words	1:00 Hand Care	1:00 Crossword Puzzle
	2:00 Rainbow Bingo	2:00 Shapes Lacing	2:00 Creative Coloring	2:00 Game Feel and Find	2:00 Beads and Patterns	2:00 Sensory Bag
	3:00 Snack/Hydration	3:00 Snack/Hydration	3:00 Snack/Hydration	3:00 Snack/Hydration	3:00 Snack/Hydration	3:00 Snack/Hydration
	3:30 Bean Bag Cans Game	3:30 Horseshoes	3:30 Tai Chi	3:30 Yoga	3:30 Toss A Cross	3:30 Bowling
Please Note	4:00 Life Skills	4:00 Life Skills	4:00 Life Skills	4:00 Life Skills	4:00 Life Skills	4:00 Life Skills
	5:00 Word Game	5:00 Word Games	5:00 Musical Quiz	5:00 Word Games (Listening Lotto)	5:00 Reminisce	5:00 Magazine Scavenger Hunt SR
	6:30 Individual Projects	6:30 Individual Projects	6:30 Individual Projects	6:30 Individual Projects	6:30 Individual Projects	6:30 Individual Projects
CALENDAR SUBJECT TO CHANGE	7:00 Night Time Snack	7:00 Night Time Snack	7:00 Night Time Snack	7:00 Night Time Snack	7:00 Night Time Snack	7:00 Night Time Snack
SUNDAY 7	MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12	SATURDAY 13
7:30 Life Skills	7:30 Life Skills	7:30 Life Skills	7:30 Life Skills	7:30 Life Skills	7:30 Life Skills	7:30 Life Skills
9:30 Sunshine Club	9:30 Sunshine Club	9:30 Cookie Decorating	9:30 Sunshine Club	9:30 Sunshine Club	9:30 Sunshine Club	9:30 Sunshine Club SR
10:00 Hymn Sing	10:00 Exercise Sweatin' Seniors		10:15 Sing-A-Long	10:00 Sweatin' Seniors	10:00 Sweatin' Seniors	10:00 Exercise (Active Games)
10:30 Snack/Hydration	10:30 Snack/Hydration	10:30 Snack/Hydration		10:30 Snack/Hydration		10:30 Snack/Hydration
10:45 Bible Trivia	10:45 Sing-a-Long	10:30 Story Time	10:30 Snack/Hydration	10:45 Musical Bouquet	10:30 Snack/Hydration	10:45 Sing-a-Long
1:00 Hand Care	1:00 Manicures	1:00 Variety of Trivia	1:00 Hand Care	1:00 Rhyming Words	1:00 Manicures	1:00 Old Time Music
2:00 Sunday Social/ Tea Time	2:00 Grocery Bingo	2:00 Musical Trivia	2:00 Creative Coloring	2:00 Poetry Corner	2:00 Time Slips	2:00 Missing Letters
3:00 Snack/Hydration	3:00 Snack/Hydration	3:00 Snack/Hydration	3:00 Snack/Hydration	3:00 Snack/Hydration	3:00 Snack/Hydration	3:00 Snack/Hydration
3:30 Tai Chi	3:30 Hopscotch Exercise	3:30 Parachute Play	3:30 Hopscotch Exercise	3:30 Yoga	3:30 Twister Game	3:30 Golfing
4:00 Life Skills	4:00 Life Skills	4:00 Life Skills	4:00 Life Skills	4:00 Life Skills	4:00 Life Skills	4:00 Life Skills
5:00 Writing Poetry Corner	5:00 Word Game	5:00 Word Games (Nursery Rhymes)	5:00 Musical Quiz	5:00 Word Games (Listening Lotto)	5:00 Do you Recall??	5:00 Magazine Scavenger Hunt SR
6:30 Individual Projects	6:30 Individual Projects	6:30 Individual Projects	6:30 Individual Projects	6:30 Individual Projects	6:30 Individual Projects	6:30 Individual Projects
7:00 Night Time Snack	7:00 Night Time Snack	7:00 Night Time Snack	7:00 Night Time Snack	7:00 Night Time Snack	7:00 Night Time Snack	7:00 Night Time Snack
SUNDAY 13	MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18	SATURDAY 19
7:30 Life Skills	7:30 Life Skills	7:30 Life Skills	7:30 Life Skills	7:30 Life Skills	7:30 Life Skills	7:30 Life Skills
9:30 Sunshine Club	9:30 Sunshine Club	9:30 Sunshine Club	9:30 Sunshine Club	9:30 Sunshine Club	9:30 Sunshine Club	9:30 Sunshine Club
10:00 Hymn Sing	10:00 Exercise (Movin'/Groovin)	10:15 Sweatin' Seniors	10:15 Sing-A-Long	10:15 Sweatin' Seniors	10:00 Exercise (Movin'/Groovin)	10:00 Active Games
10:30 Snack/Hydration	10:30 Snack/Hydration	10:30 Snack/Hydration	10:30 Snack/Hydration	10:30 Snack/Hydration	10:30 Snack/Hydration	10:30 Snack/Hydration
10:45 Bible Trivia	10:45 Calming CD's	12:00 Catholic Communion				10:15 Sing-A-Long
1:00 Reminisce	1:00 Numbers Trivia	1:00 Opposite/Same Trivia	1:00 Manicures	1:00 Rhyming Words	1:00 Hand Care	1:00 Variety of Trivia
2:00 Sunday Social	2:00 Color Bingo	2:30 Music by Bango Man CA	2:00 Snowball Social	2:00 Shapes /Colors	2:00 Snowman Race	2:00 Nursery Rhymes Jingo
Reminisce/Activities with Snow	3:00 Snack/Hydration	3:00 Snack/Hydration	3:00 Snack/Hydration	3:00 Snack/Hydration	3:00 Snack/Hydration	3:00 Snack/Hydration
3:00 Snack/Hydration	3:30 Yoga	3:30 Frisbee Fun	3:30 Active Games	3:30 Tai Chi	3:30 Volleyball	3:30 Golf
3:30 Tai Chi	4:00 Life Skills	4:00 Life Skills	4:00 Life Skills	4:00 Life Skills	4:00 Life Skills	4:00 Life Skills
5:00 Poetry Corner	5:00 Missing Letters	5:00 Crossword Puzzle	5:00 A-Z Travel	5:00 Listening Lotto	5:00 Sensory Box	5:00 Magazine Scavenger Hunt
6:30 Individual Projects	6:30 Individual Projects	6:30 Individual Projects	6:30 Individual Projects	6:30 Individual Projects	6:30 Individual Projects	6:30 Individual Projects
7:00 Night Time Snack	7:00 Night Time Snack	7:00 Night Time Snack	7:00 Night Time Snack	7:00 Night Time Snack	7:00 Night Time Snack	7:00 Night Time Snack

SUNDAY 20	MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25	SATURDAY 26
7:30 Life Skills 9:30 Sunshine Club 10:00 Hymn Sing 10:30 Snack/Hydration 10:45 Bible Trivia 1:00 Reminisce 2:00 Sunday Social/Winter Games 3:00 Snack/Hydration 3:30 Tai Chi 4:00 Life Skills 5:00 Poetry Corner 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:00 Exercise (Movin'/Groovin) 10:30 Snack/Hydration 10:45 Calming CD's 1:00 Hand Care 2:00 Picture Bingo 3:00 Snack/Hydration 3:30 Active Games 4:00 Life Skills 5:00 Word Scramble 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:15 Exercise Name a Song Toss Ball 10:30 Snack/Hydration 10:45 Calming CD's 1:00 Variety of Trivia 2:00 Music by the Hunters CA 3:00 Snack/Hydration 3:30 Toss Time 4:00 Life Skills 5:00 Identify Numbers and Letters 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:15 Sing-A-Long 10:30 Snack/Hydration 1:00 Manicures 2:00 Church Service CA 3:00 Snack/Hydration 3:30 Tic Tac Toe 4:00 Life Skills 5:00 A-Z Food 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:15 Sweatin' Seniors 10:30 Snack/Hydration 1:00 Hand Care 2:00 Sing-a-long 3:00 Snack/Hydration 3:30 Volleyball 4:00 Life Skills 5:00 Sensory Bag 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:00 Resident Council 10:30 Snack/Hydration 1:00 Sing-a-Long 2:30 Music by Ricky/Harv CA 3:00 Snack/Hydration 3:30 Tai Chi 4:00 Life Skills 5:00 Music Trivia 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:00 Active Games 10:30 Snack/Hydration 10:15 Sing-A-Long 1:00 Time Slips 2:00 Snowman Craft 3:00 Snack/Hydration 3:30 Golf 4:00 Life Skills 5:00 Magazine Scavenger Hunt 6:30 Individual Projects 7:00 Night Time Snack
SUNDAY 27	MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 31		
7:30 Life Skills 9:30 Sunshine Club 10:00 Hymn Sing 10:30 Snack/Hydration 10:45 Bible Trivia 1:00 Reminisce 2:00 Winter Tea 3:00 Snack/Hydration 3:30 Tai Chi 4:00 Life Skills 5:00 Poetry Corner 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:15 Exercise Name a Song Toss Ball 10:30 Snack/Hydration 10:45 Calming CD's 1:00 Numbers Trivia 2:00 Kitchen Bingo 3:00 Snack/Hydration 3:30 Yoga 4:00 Life Skills 5:00 Missing Letters 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:15 Exercise 10:30 Snack/Hydration 12:00 Catholic Communion 1:00 Listening Lotto 2:00 Water Art 3:00 Snack/Hydration 3:30 Toss Time 4:00 Life Skills 5:00 Crossword Puzzle 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:15 Sing-A-Long 10:30 Snack/Hydration 1:00 Hand Care 2:00 Show/Tell 3:00 Snack/Hydration 3:30 Active Games 4:00 Life Skills 5:00 A-Z Kitchen Objects 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:15 Sweatin' Seniors 10:30 Snack/Hydration 1:00 Hand Care 2:00 Sing-a-long 3:00 Snack/Hydration 3:30 Bean Bag Toss 4:00 Life Skills 5:00 Sensory Bag 6:30 Individual Projects 7:00 Night Time Snack		