




February 2019
Dover

NOTTINGHAM VILLAGE HEATHER COURT ACTIVITIES

... people caring for people!

ACTIVITY LOCATIONS						FRIDAY 1	SATURDAY 2
CA Common Area						7:30 Life Skills	7:30 Life Skills
CT- Courtyard						9:30 Sunshine Club SR	9:30 Sunshine Club SR
L Lobby						10:00 Exercise (Drum Circle)	10:00 Exercise (Active Games)
NC- Nursing Center		10:30 Snack/Hydration	10:30 Snack/Hydration				
Activities will all take place in the Common Area unless other wise stated							
Please Note							
CALENDAR SUBJECT TO CHANGE							
SUNDAY 3	MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8	SATURDAY 9	
7:30 Life Skills 9:30 Sunshine Club 10:00 Hymn Sing 10:30 Snack/Hydration 10:45 Bible Trivia 1:00 Hand Care 2:00 Sunday Social/ Tea Time 3:00 Snack/Hydration 3:30 Tai Chi 4:00 Life Skills 6:00 Writing Poetry Corner 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:00 Exercise Sweatin' Seniors 10:30 Snack/Hydration 10:45 Sing-a-Long 1:00 Manicures 2:00 Shapes Lacing 3:00 Snack/Hydration 3:30 Hopscotch Exercise 4:00 Life Skills 6:00 Word Game 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:30 Snack/Hydration 12:00 Catholic Communion 1-1 1:00 Variety of Trivia 2:00 Rainbow Bingo 3:00 Snack/Hydration 3:30 Parachute Play 4:00 Life Skills 6:00 Word Games (Nursery Rhymes) 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:15 Sing-A-Long 10:30 Snack/Hydration 1:00 Hand Care 2:00 Worship Service CA 3:00 Snack/Hydration 3:30 Horseshoes 4:00 Life Skills 6:00 Sensory Bag 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:00 Sweatin' Seniors 10:30 Snack/Hydration 10:45 Musical Bouquet 1:00 Rhyming Words 2:00 Creative Coloring 3:00 Snack/Hydration 3:30 Yoga 4:00 Life Skills 6:00 Word Games (Listening Lotto) 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:00 Sweatin' Seniors 10:30 Snack/Hydration 1:00 Manicures 2:30 Banana Split Social 3:00 Snack/Hydration 3:30 Twister Game 4:00 Life Skills 6:00 Do you Recall?? 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club SR 10:00 Exercise (Active Games) 10:30 Snack/Hydration 10:45 Sing-a-Long 1:00 Old Time Music 2:00 Missing Letters 3:00 Snack/Hydration 3:30 Golfing 4:00 Life Skills 6:00 Magazine Scavenger Hunt 6:30 Individual Projects 7:00 Night Time Snack	
SUNDAY 10	MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15	SATURDAY 16	
7:30 Life Skills 9:30 Sunshine Club 10:00 Hymn Sing 10:30 Snack/Hydration 10:45 Bible Trivia 1:00 Reminisce 2:00 Sunday Social Reminisce/Valentines 3:00 Snack/Hydration 3:30 Tai Chi 6:00 Poetry Corner 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:00 Exercise (Movin'/Groovin) 10:30 Snack/Hydration 10:45 Calming CD's 1:00 Numbers Trivia 2:00 Bean Bag Throw 3:00 Snack/Hydration 3:30 Yoga 4:00 Life Skills 6:00 Missing Letters 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:30 Snack/Hydration 10:30 Sing-a-Long 12:00 Catholic Communion 1-1 1:00 Opposite/Same Trivia 2:00 Music by Country ED CA 3:00 Snack/Hydration 3:30 Frisbee Fun 4:00 Life Skills 6:00 Crossword Puzzle 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:00 Exercise 10:30 Snack/Hydration 10:45 Calming CD's 1:00 Manicures 2:00 Color Bingo 3:00 Snack/Hydration 3:30 Active Games 4:00 Life Skills 6:00 A-Z Travel 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:15 Sweatin' Seniors 10:30 Snack/Hydration 10:45 Calming CD's 1:00 Rhyming Words 2:30 Music by Singing Mailman CA 3:00 Snack/Hydration 3:30 Tai Chi 4:00 Life Skills 6:00 Listening Lotto 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:00 Exercise (Movin'/Groovin) 10:30 Snack/Hydration 10:45 Calming CD's 1:00 Hand Care 2:00 Frisbee Fun 3:00 Snack/Hydration 3:30 Volleyball 4:00 Life Skills 6:00 Sensory Box 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:00 Active Games 10:30 Snack/Hydration 10:15 Sing-A-Long 1:00 Variety of Trivia 2:00 Nursery Rhymes Jingo 3:00 Snack/Hydration 3:30 Golf 4:00 Life Skills 6:00 Magazine Scavenger Hunt 6:30 Individual Projects 7:00 Night Time Snack	

SUNDAY 17	MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22	SATURDAY 23
7:30 Life Skills 9:30 Sunshine Club 10:00 Hymn Sing 10:30 Snack/Hydration 10:45 Bible Trivia 1:00 Reminisce 2:00 Sunday Social/Reminisce 3:00 Snack/Hydration 3:30 Tai Chi 4:00 Life Skills 6:00 Poetry Corner 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:00 Exercise (Movin'/Groovin) 10:30 Snack/Hydration 10:45 Calming CD's 1:00 Hand Care 2:00 Sing-a-long 3:00 Snack/Hydration 3:30 Active Games 4:00 Life Skills 6:00 Word Scramble 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:15 Exercise Name a Song Toss Ball 10:30 Snack/Hydration 12:00 Catholic Communion 1-1 1:00 Variety of Trivia 2:00 Dice Game 3:00 Snack/Hydration 3:30 Toss Time 4:00 Life Skills 6:00 Identify Numbers and Letters 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:15 Sing-A-Long 10:30 Snack/Hydration 10:45 Calming CD's 1:00 Manicures 2:00 Worship Service CA 2:30 Birthday Social 3:30 Tic Tac Toe 4:00 Life Skills 6:00 A-Z Food 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:15 Sweatin' Seniors 10:30 Snack/Hydration 10:45 Calming CD's 1:00 Hand Care 2:00 Picture Bingo 3:00 Snack/Hydration 3:30 Volleyball 4:00 Life Skills 6:00 Sensory Bag 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:00 Resident Council 10:30 Snack/Hydration 10:45 Calming CD's 1:00 Sing-a-Long 3:00 Snack/Hydration 3:30 Tai Chi 4:00 Life Skills 6:00 Toss a- Cross 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:00 Active Games 10:30 Snack/Hydration 10:15 Sing-A-Long 1:00 Hand Care 2:00 Time Slips 3:00 Snack/Hydration 3:30 Golf 4:00 Life Skills 6:00 Magazine Scavenger Hunt 6:30 Individual Projects 7:00 Night Time Snack
SUNDAY 24	MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	 <p>ACTIVITY LOCATIONS CA-- Common Area CT --Courtyard L --lobby</p> <p>Please Note: Calendar Subject to Change</p>	
7:30 Life Skills 9:30 Sunshine Club 10:00 Hymn Sing 10:30 Snack/Hydration 10:45 Bible Trivia 1:00 Reminisce 2:00 Sunday Social 3:00 Snack/Hydration 3:30 Tai Chi 4:00 Life Skills 6:00 Poetry Corner 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:30 Snack/Hydration 10:45 Calming CD's 1:00 Numbers Trivia 2:00 Kitchen Bingo 3:00 Snack/Hydration 3:30 Yoga 4:00 Life Skills 6:00 Missing Letters 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:15 Exercise 10:30 Snack/Hydration 12:00 Catholic Communion 1-1 1:00 Listening Lotto 2:00 Music by KJ CA 3:00 Snack/Hydration 3:30 Toss Time 4:00 Life Skills 6:00 Crossword Puzzle 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:15 Sing-A-Long 10:30 Snack/Hydration 1:00 Hand Care 2:00 Show/Tell 3:00 Snack/Hydration 3:30 Active Games 4:00 Life Skills 6:00 A-Z Kitchen Objects 6:30 Individual Projects 7:00 Night Time Snack	7:30 Life Skills 9:30 Sunshine Club 10:15 Sweatin' Seniors 10:30 Snack/Hydration 1:00 Manicures 2:00 Jingo Game 3:00 Snack/Hydration 3:30 Active Games 4:00 Life Skills 6:00 Fill in the Phrase 6:30 Individual Projects 7:00 Night Time Snack		